

Health and Social Care

25% Exam Assessed

Exam Board = OCR

HOF = Mrs Andrews

Topics to Revise

L01: Understand how to support individuals to maintain their rights

- The rights of individuals – choice, confidentiality, protection from abuse and harm, equal and fair treatment, and consultation
- Why is it important to maintain individual rights?
- How care workers support individuals to maintain their rights – using effective communication, providing up to date information, challenging discriminatory behaviour, providing information about complaints and advocacy

L02 Understand the importance of the values of care and how they are applied

- The values of care in health and social care – promoting equality and diversity, maintaining confidentiality, promoting individuals' rights and beliefs
- Where the values of care are applied
- How the values of care are applied in health and social care settings
- Early years values of care
- The importance of applying the values of care
- The effects on people who use the services if the values of care are not applied (think PIES)

Topics to Revise

L03: Understand how legislation impacts on care settings

- The key aspects of legislation and the groups they are relevant to - Equality Act 2010, Children Act 2004, GDPR 2018, Health and Safety at Work Act 1974, Mental Health Act 2007
- How the legislation impacts on people who use services, care practitioners and service providers

L04: Understand how personal hygiene, safety and security measures and procedures protect individuals

- Personal hygiene measures – hand washing and protective clothing
- Safety procedures – safety procedures, emergency procedures, equipment considerations and moving and handling techniques
- Security measures – what they are and how they protect individuals
- Methods for reducing infection, reducing risk/danger and procedures to prevent accidents and promote good practice

Other exam skills to revise

- Revise the terminology for each learning objective
- Revise the timings required for each question
- Revise examples of Health, social and early years settings
- All the questions have a command verb. Always check the command verb carefully before answering a question and check you know what each command verb means
- Ensure in section A you refer to the scenario in the question

Revision Links

The revision guide '[Cambridge National level 1/2 Health and Social Care](#)' by Judith Adams (Hodder Education) is available to buy on Amazon.

Revision Links

<https://www.equalityhumanrights.com/en>
<https://www.nmc.org.uk/>
<https://www.hse.gov.uk/index.htm>

Links to Sample Exam Papers

<https://ocr.org.uk/qualifications/cambridge-nationals/health-and-social-care-level-1-2-j801-j811/assessment/>

Examiner Advice

Ensure you answer the question being asked and link to the scenario in Section A of the paper. Use the correct terminology for rights and values of care.

