

16th December 2020

Caulfield Road, Shoeburyness, Essex, SS3 9LL

Telephone: (01702) 292286

E-mail: schooloffice@shoeburyness.southend.sch.uk

Website: www.shoeburynesshigh.co.uk

Headteacher: Ms. C. Costello

Dear Parents and Carers,

We have received notification today of two students that have tested positive for COVID.

- **The first is within year 12** and all students who have been identified as being a potential contact of the affected individual have already been notified and told to self-isolate for 10 days from the last point of contact; **self-isolation will be until 24th December and if they remain well they can resume normal activities on the 25th December.**
- **The second case is within year 13** and again all students who have been identified as being a potential contact have been notified and told to self-isolate for 10 days from the last point of contact. **For these students the last day of isolation is also the 24th December.**

All other students can continue to attend school as normal if they are well.

Information on what to do in the event that your child develops symptoms can be found at the end of this letter.

LAST DAY OF TERM

A reminder that this Friday will be a non-uniform day for students with finishing times as follows:

- Year 10 and the Sixth Form 12:35 p.m.
- Years 7 to 9 13:05 p.m.

Lunch will be available for those that require it.

Best wishes

Clare Costello
Headteacher

Appendix

What to do if *your* child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least **10 days** from the date when their symptoms appeared.

All other household members who remain well, must stay at home and not leave the house for 10 days. This includes anyone in your 'Support Bubble'.

Further information is available at: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

The 10-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>