

Caulfield Road, Shoeburyness, Essex, SS3 9LL

Telephone: (01702) 292286

E-mail: [schooloffice@shoeburyness.southend.sch.uk](mailto:schooloffice@shoeburyness.southend.sch.uk)

Website: [www.shoeburynesshigh.co.uk](http://www.shoeburynesshigh.co.uk)

Headteacher: Ms. C. Costello

3<sup>rd</sup> December 2020

Dear Parents and Carers,

We have, this morning, been made aware that one of our students has tested positive for COVID-19.

This case is in year 8 and within a small, discrete group within year 8 that have all their lessons together in one, consistent classroom base.

Following a risk assessment, completed with the DfE, **students within the relevant bubble have already received notification that they should isolate for fourteen days.** All other students within year 8 and all other year groups should continue to attend school as normal if they are well.

From the information we have been given and on further investigation no close contacts have been identified outside of the class group; therefore it is only the one class that has to isolate for fourteen days.

### **What to do if *your* child develops symptoms of COVID 19**

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well, must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

Further information is available at: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

### **Symptoms**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature

- a loss of, or change in, your normal sense of taste or smell (anosmia)

**For most people, coronavirus (COVID-19) will be a mild illness.**

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

**How to stop COVID-19 spreading**

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

*Do*

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

**Further Information**

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely

**Clare Costello**  
**Headteacher**

