

# Shoeburyness High School

## Sixth Form Subject Information

# SPORT

*BTEC Level 3 Extended Certificate*



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# SPORT – BTEC Level 3

## Subject Information

### BTEC Level 3 Extended Certificate in Sport

- 2 externally assessed units
- 2 coursework based internally assessed units

Year 12	Year 13
<b>Unit 1:</b> Anatomy and Physiology (written exam)	<b>Unit 3:</b> Professional development in the sports industry (coursework based assignments)
<b>Unit 2:</b> Fitness training and programming for health, sport and well-being (written controlled assessment)	<b>Unit 5:</b> Application of fitness testing (coursework based assignments)



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This course is designed to give knowledge, practical coaching skills and a full understanding of the sport and leisure industry. The principles of sport that will be taught will underpin many aspects of professional life within the sector and will reflect an enormous breadth and depth of the subject; from principles of anatomy and physiology; to fitness training and programming; to professional development in the sports industry and the application of fitness testing. The course offers the opportunity to gain an understanding of the anatomy and physiology of the body and develop coaching, leadership and organisation skills. This also gives pupils the opportunity to gain specific knowledge and understanding which is relevant to the different sectors of the sports industry.



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# SPORT – BTEC Level 3

## Entry requirements

### Pathway 2 entry requirements:

5 GCSEs (or equivalent) at Grade 4/Level 2 Pass and above

### Subject entry requirements:

Grade 4+ in GCSE P.E or a pass or above in BTEC Level 2 Sport (desirable)



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# SPORT – BTEC Level 3

## Career Progression

This course could lead to a range of careers within the sports industry including:

- Fitness instructor/personal trainer
- P.E teacher
- Sports coach
- Physiotherapist

Students could also progress to university degrees in sport, fitness or education.



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# SPORT – BTEC Level 3

## University Progression

The BTEC Level 3 in Sport will prepare learners for further study of sport or similar courses at university. This includes degrees in:

- Sport and exercise science
- Sports coaching
- Physical education
- Leisure management
- Physiotherapy
- Sports journalism



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# SPORT – BTEC Level 3

## Contact Information

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